



RED004

DRIVER TRAINING

Speed Awareness Training

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Introduction



VENUE

Any suitable UK location



NO. OF TRAINEES

1 half day, 1 full day or 1 am & 1 pm



TRAINING DETAILS

Speed Awareness Training



EVENT DURATION

Half Day 09:00 – 12:30 or
13:00 – 16:30
Full Day 09:00 – 16:30

Flexible hours can be requested on booking form.

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Detail

The proposed course is a half day or full day in duration and begins with a briefing and objective setting session; this also provides the opportunity for delegates to offer any specific concerns relating to their general driving or any of the course content.

Setting the scene for any training course is of paramount importance and this briefing will cover the reasons for the course. The trainer will work with the delegate to help formulate safer speed choices, reducing the chances of collisions and speeding offences.

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Practical Training

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On Road

Following the briefing the course will commence with an eyesight and vehicle check. Our trainer will take the wheel during the session to demonstrate many of the aspects covered in the briefing and to further set the scene. The trainee will then drive for the remainder of the session, taking breaks where required, covering the following.

- Understanding speed limits
- Knowing what the limit is on any road
- How to manage concentration
- Matching speed to risk
- Tips and hints for staying within the limit
- The consequences of inappropriate speed

As well as more general RED advanced driving techniques and awareness raising.

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Who Is This For?



All drivers that require additional training in speed awareness; typically, those that may have been caught for speeding and have points on their licence.

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Outcome



A full and detailed report will be produced post training / assessment for the driver and Manager.